

If you need support with:

- an unplanned pregnancy
 - abortion issues
 - pregnancy related issues

Please call 4772 9000 now to make an appointment.

While this is a FREE service, your donation would be gratefully appreciated.



Mission Statement

CENTACARE is the Catholic Church reaching out to individuals and families seeking assistance. We respond out of our commitment to the Gospel values of dignity, respect and justice for all and offer a range of professional counselling, support and related services in partnership with the community and governments.

Our Offices



TOWNSVILLE

410 Ross River Road, Cranbrook
PO Box 1362, AITKENVALE Qld 4814
P> (07) 4772 9000
F> (07) 4755 0322
E> centacare@tsv.centacare.org.au

MOUNT ISA

2 Corbould Street, Mount Isa
PO Box 1375, MOUNT ISA Qld 4825
P> (07) 4743 4449
F> (07) 4743 1157
E> cfs@isagsp.centacare.com.au

BOWEN

52 Herbert Street, Bowen
PO Box 826, BOWEN Qld 4805
P> (07) 4786 4158
F> (07) 4786 4266
E> centacarebowen@bigpond.net.au



CIRCLE OF LIFE



Jasper Design (07) 4725 8027

**Holistic Reproductive
Health & Wellbeing**

Circle of Life is a holistic counselling, education and support service for pregnancy-related concerns. It looks to address the physical, emotional, psychological and spiritual wellbeing of individual women, their partners and their families.

Circle of Life seeks to alleviate the anxiety, distress, loneliness and spiritual alienation associated with unintended or difficult pregnancy, pregnancy losses, including abortion, birth trauma and post-natal depression. It acknowledges the primacy of a woman's needs at such times, whilst also recognising the needs of her partner.

This program works to raise community awareness of the social issues, particularly for women, with regard to these reproductive concerns. It also provides educational sessions to schools and other community groups.

Circle of Life offers professional, confidential counselling, education and support for:

- > Unplanned pregnancy
- > Abortion issues
- > Grief associated with reproductive losses (miscarriage, IVF, stillbirth, SIDS, infertility, adoption & abortion)
- > Family relationships and the impact of change
- > Post-natal depression

Our Approach

Circle of Life:

- provides a safe, non-judgmental space for women and their partners to deal with pregnancy-related concerns *without pressure towards a particular outcome*
- seeks to empower individual women and couples by supporting and facilitating their own decision-making processes
- understands that people need adequate information to make an informed decision
- recognises that it often takes courage to seek this support

