

Making an appointment

You do not need a referral to use our service. All you need to do is telephone 4772 9000 between the hours of 9.00am - 5.00pm weekdays and request a counselling session with our Relationship and Family Counselling Program.

We try to give you your first appointment within seven working days. If we have a waiting list, you will be contacted as soon as an appointment becomes available.



Mission Statement

CENTACARE is the Catholic Church reaching out to individuals and families seeking assistance. We respond out of our commitment to the Gospel values of dignity, respect and justice for all and offer a range of professional counselling, support and related services in partnership with the community and governments.

Our Offices



TOWNSVILLE

410 Ross River Road, Cranbrook
PO Box 1362, AITKENVALE Qld 4814
P> (07) 4772 9000
F> (07) 4755 0322
E> centacare@tsv.centacare.org.au

MOUNT ISA

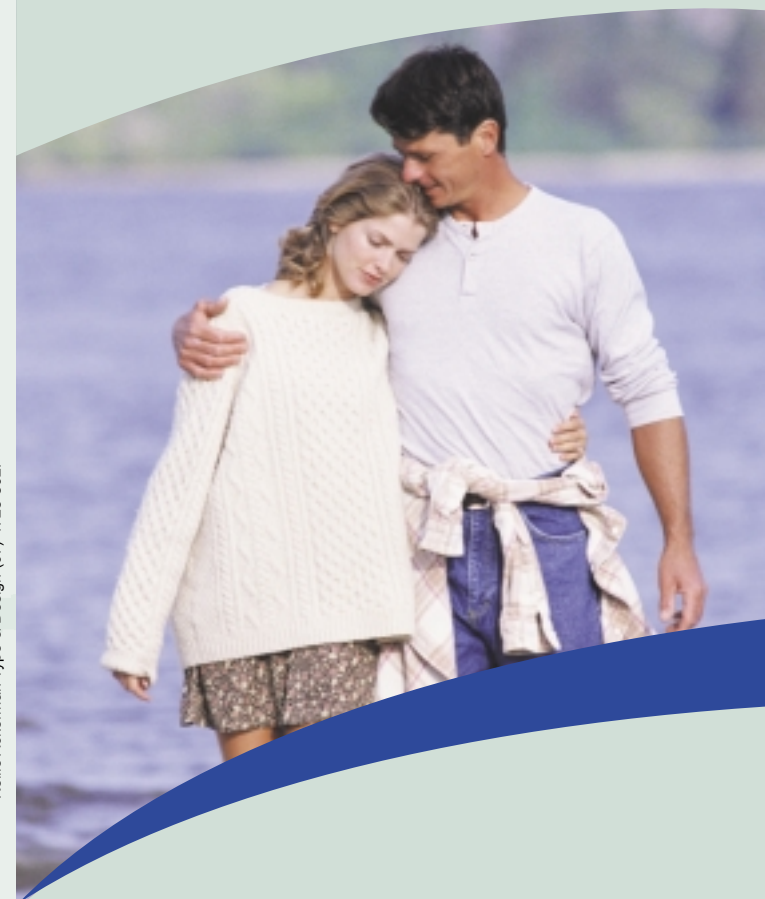
2 Corbould Street, Mount Isa
PO Box 1375, MOUNT ISA Qld 4825
P> (07) 4743 4449
F> (07) 4743 1157
E> cfs@isagsp.centacare.com.au

BOWEN

52 Herbert Street, Bowen
PO Box 826, BOWEN Qld 4805
P> (07) 4786 4158
F> (07) 4786 4266
E> centacarebowen@bigpond.net.au



RELATIONSHIP AND FAMILY COUNSELLING



Kellie Ackerman Type & Design (07) 4725 8027

Centacare, as an approved agency under the *Family Law Act 1975*, provides counselling that focuses on family and relationship issues.

Some of the reasons why people may come for counselling include:

- Relationship or family enhancement
- Family information
- Separation / divorce
- Parenting issues
- Conflict and anger
- Communication
- Intimacy / sex
- Loss and grief
- Domestic violence
- Childhood issues impacting on current relationship

Your Counsellor

Each counsellor has a tertiary qualification in the social sciences field with practical experience in family and relationship counselling.

Counsellors are ethically bound to refer clients whose issues are outside their area of expertise or where the issues do not fit within the guidelines of our service.

Session Times

Each counselling session generally runs 50 - 60 minutes.

Future appointments can be negotiated between yourself and your counsellor.

Confidentiality

Counselling is confidential within the limits of legal and professional boundaries. This can be clarified with your counsellor if you are unsure as to what this means for you.

Client Contributions

Counselling sessions are subsidised through the Federal Department of Families, Community Services & Indigenous Affairs.

We request a contribution of \$30 if your household income is under \$45,000, or \$50 if your household income is \$45,000 or above.

While no-one will be refused our service on the basis that they cannot pay, this contribution enables us to continue to provide a valuable service to the community. If these contributions are not possible for you, a reasonable fee schedule can be discussed with your counsellor at your first appointment.

